

# **Songs of Transformation**

# 1. THE POTENTIAL OF ALL HUMANITY

---

I am inside of God  
God is inside of me  
I listen to my heart  
To set myself free

I look to the stars  
In them love abounds  
The glory of the Creator  
Always astounds

One only needs to hear  
Nature's symphony  
Singing the truth  
Of all reality

To feel the presence  
Of the Lord  
To recognize the graciousness  
Is the reward

All of the suffering  
And rending of the cloth  
Is making people face  
The meaning of the cross

Now that we see  
Let us make a plan  
Of healing the sickness  
And doing what we can



## 1. THE POTENTIAL OF ALL HUMANITY (continued...)

---

When you resonate  
With the divine harmony  
You exude the potential  
Of all humanity



## 2. THE CHOICE

---

When it's time to sleep  
Pray the Lord my soul to keep  
Let my sleep be healing  
Lead me to who I have to be

Guide me with your love  
And your strength from above  
Oh, let me see clearly  
All the things I need to see

To walk the path of love  
With the eagle and the dove  
Oh, let me feel dearly  
Love for all humanity

The love I have to give  
And the life I have to live  
Open my heart to the knowing  
The truth of love will set me free

The more you give the more you get  
So give it all, no regrets  
Oh, let me stand firm  
In the grace of your love

Show me the way  
How to kneel and how to pray  
Oh, let me know your glory  
Unmistakably divine



## 2. THE CHOICE (continued...)

---

To realize the truth  
What I am is what I choose  
Oh let me be humble  
And guided by the truth

In you, I find the strength  
To face my fears and make amends  
Oh, let me forgive  
Those who tread upon me

Then answer to my pain  
Take responsibility again  
Oh, let me face bravely  
The teachings of reality

Lessons from pain and pleasure  
Are the cost and the treasure  
Oh, let me embrace  
The nature of this world

The dark is strong. The light is bright.  
It's not as clear as black or white  
And God is it all  
As we rise and as we fall

Loving is the way  
To find harmony today  
Let my heart be open  
To the lessons I must learn



### 3. THE BALANCE

---

As I walk along the road  
I look for guidance and behold  
There is your loving kindness  
Holding me my soul to mold

We have the choice to be free  
Look inside and you will see  
What you are is beautiful  
Let your self be wonderful

Look up and see his grace  
The glory that we all must face  
Don't get caught in misery  
Don't dig up the roots to find the leaves

Plant the seed inside your self  
You must accept your wealth  
If you want to make a change  
The truth of love must be faced

The heart of this world needs you  
Open to the love that's breathing  
In the focus out the joy  
Of the children girl and boy

Life has pain and pleasure too  
The balance is inside of you  
Let your heart be your guide  
God will be right by your side



### 3. THE BALANCE (continued...)

---

We must be resplendent  
To know we are not independent  
We are all connected  
The whole world must be protected

It is the most important thing  
To this task ourselves we bring  
Demonstrating with our love  
The wisdom of God above

It is in the choices we make  
The power with which we create  
The life we have, the breath we take  
Choose to love don't hesitate

Release yourself from suffering  
Then your strength you can bring  
To make the world start listening  
And honor what it is your offering

Be the change you want to see  
And always seek the mystery  
That is how you heal the world  
And let the joy in your heart unfurl



## 4. LOOK INSIDE

---

Look inside  
You will find the strength you need  
Inside of everything you see

The broken heart  
Is the open door...to the wisdom  
That was invisible before

Choose to see  
The gifts you receive...from the union  
Of strength and humility

Let us rise  
Inspired by the love...of God  
Release yourself from suffering

Open your heart  
To find your way...through the darkness  
To see the dawning of a new day

Trust yourself  
With the power to change...Let go of  
The trappings of who you once were

Abandon the habits  
That bring you down  
Focus on the light you have found



#### 4. LOOK INSIDE (continued...)

---

Be self-defining  
With wisdom and joy...Don't forget  
Separation is a ploy

The wisdom you seek  
You already have...in your heart  
Become who you are

Receive the light  
The divine harmony...is everything  
Look inside

Perceive the essence  
Of this kernel of truth...that God's love  
Is inside of you

Be a dynamo  
Of irrepressible joy...Let God's love  
Shine forth from the depths of your soul



## 5. YOU WHO ARE ALL POWER

---

You  
Who are all power  
Grant me wisdom  
So my soul may flower

May this fire  
Show me the way  
Release me  
From my suffering

Hold me  
In your arms  
Glory, Glory  
Keep me from harm

Show me  
Show me beauty  
The beauty  
Of the power

The power  
To release me  
Is inside me  
Here I go

Aho I see you  
In this fire  
In the fire  
Of my soul



## 5. YOU WHO ARE ALL POWER (continued...)

---

Let go  
Of all attachments  
I release thee  
Heal thyself



## 6. HEART SONG

---

Speak into my open ears  
I listen to the truth I fear  
When I am weak or when I'm strong  
Your wisdom guides me along

I present myself to all here  
With my faults in my hands for me to heal  
With all I love and all I trust  
I shine with God or turn to dust

Though the pain is great to look upon  
The weaknesses that I took on  
I must look steadfast and strong  
So I do the right and not the wrong

It must be clear for all to see  
The choices made reside in me  
Be they wise or foolish I will find  
Keeping your guidance on my mind

This path of love and transformation  
Is the source of my inspiration  
It opens my heart and clears my vision  
Erases my doubt and indecision

My heart's eye makes the teaching plain  
And I learn the lesson once again  
That I am one with all I see  
In the heart of God's mystery



## 6. HEART SONG (continued...)

---

I am self aware and focused on  
The goals I've set and the ones beyond  
I align my self with the eternal truth  
The heart of me is the heart of you

There's no escape from God's great plan  
Do what you must, do what you can  
The way is clear to walk upon  
Let loose your love for everyone



## 7. IT IS HERE THAT I SEE YOU

---

It is here that I see you  
Deep in my heart  
With the eyes to recognize you my Lord  
Even in my darkest part

God that I love  
The One and the All  
I seek the wisdom to abide you  
In what I do and what I've done

May my eyes behold your glory  
And not miss the painful truths  
May your love purify me  
Preserving the innocence of youth

May my actions glorify you  
With my feet on every rung  
I climb the ladder of truth with love  
Dedicated to everyone



## 8. FOCUS ON THE LIGHT

---

Focus on the light  
That guides you from within  
Determining where you're going  
And showing where you've been

The path lies out before you  
Calling you to become  
The radiant being you are  
To share with everyone

Fill me with the guiding holy sight  
Bless my soul and keep me through the night  
Transform the darkness into light  
May God's love ease the suffering tonight

Uncover my beauty  
And release my strength  
Fill my soul with light  
From which my heart can extend

To glorify your kindness  
With all that I do  
I pray for guidance to see the truth  
In me and in you

Present our gifts of love and sacrifice  
The choices that we make all have their price  
Choose the path to walk so we may rise  
With eyes that see the truth and recognize



## 8. FOCUS ON THE LIGHT (continued...)

---

God oh mighty origin  
From whence we all came  
The whole universe  
Is one and the same

Release yourself from suffering  
Don't worry about the past  
Acknowledge the moment flowing  
Because the moment never lasts

Perceive the holy light throughout this world  
Pray for the Prince of peace to be heard  
And heal the cruelty that has occurred  
To Shepard us toward our rebirth

Make your enemies your brothers  
Let go of the fear  
Disarm hatred's power  
And dry up your tears

Now open up your eyes  
It's time to realize  
There's no use for the disguise  
Let the truth make you wise

From the darkness step into the light  
Now is the time to do what's right  
Love your enemies with all your might  
That is how you honor the Christ



## 9. EXPOSE ME TO MY DEEPEST TRUTH

---

Bring yourself to the place you wish to be  
So you can take part in reality  
Build a foundation of truth in your heart  
Let your inner eye show you where to start

Expose me to my deepest truth  
Explore the intricacies of you  
Look deep inside to find the proof  
That God is it all the me and the you

Point me on the path to righteousness  
Let me recognize the ways I am blessed  
Being in the hands of God  
Is to accept the praise and the prod

I know I am the one to see it through  
The transformations that make it true  
I won't be afraid to face myself  
I am the only one who can accept my wealth

Open my heart to the guiding light  
Open my mind to what I know is right  
The beauty and the power rest in my hands  
The choices in my life determine where I stand

Choose to follow the path of Love  
With divine guidance from above  
Don't settle for anything less than excellence  
Identify your faults and repent



## 9. EXPOSE ME TO MY DEEPEST TRUTH (continued...)

---

Open my being to my inner strength  
So I can be clear with my intent  
Inhabit the beauty deep in my heart  
Let my love shine forth an honor to the stars



## 10. IN THE HOURS OF YOUR TRANSFORMATION

---

(Offered to Marcio and Dana)

In the hours of your transformations  
When you enter into your meditations  
Every path to heaven has its stations  
To know true love is to know its conflagrations

This path through the depths of sorrow  
Creates the clarity of tomorrow  
To make the changes needed to be holy  
To heal the wounds that love has shown me

Being present in the face of grief  
Is the first step toward your release  
Hold on to the truth that brings relief  
That God's love will bring you peace

Seek the truth, be strong, and trust yourself  
Don't be tempted by the comfort of your shell  
Sometimes to get to Heaven you go through Hell  
But the lessons that you learn will serve you well

Don't let fear rule the land of love  
Trust the wisdom from above  
Believe the truth that you can heal yourself  
The story is yours to tell

Know you are a child of God  
Love the Lord and know you're not forgotten  
Walk the path with righteous elevation  
To find your way home to salvation



## 11. WHEN I WAKE UP IN THE MORNING

---

When I wake up in the morning  
And you're lying next to me  
I thank the Lord  
For allowing me to see  
Your beauty and perfection  
And what you mean to me  
You are my soul's reflection;  
Your love sets me free

You call me to my heights  
And you bring me to my knees  
Because you've seen the darkest part of me  
Yet you offer me reprieve  
And the love you give  
Makes it easy to perceive  
Your strength and wisdom  
Are guiding me

You bless me with your tenderness;  
Your caress holds me dear  
I listen to the truth  
That you whisper in my ear  
With you by my side  
I can face the things I fear  
My love for you  
Makes it all so clear



## 11. WHEN I WAKE UP IN THE MORNING (continued...)

---

From judgment to redemption  
Your guidance brings me here  
To face the music  
That is ringing in my ears  
Singing the truth  
For all the world to hear  
You make my life complete  
With laughter and tears

With courage and clarity  
I extend my hand to you  
Taking your hand in mine  
I keep my compass true  
Through pounding rain and foggy night  
Your light will see me through  
To wake up every morning  
My love for you renewed



## 12. THE MOTHER OF US ALL

---

The mother of us all is here  
To sing her song to you  
To instruct us in the ways  
Of being firm and being true

Prepare yourself with intention  
To be open to the teaching  
To listen very well  
You must refrain from speaking

Face the light that invigorates  
Every fiber of your being  
It will show you how to lift your heart  
And augment what you're seeing

Love the Lord God  
To begin the healing  
The glory and the graciousness  
Is the love that you are feeling

Now with consideration  
For the weak and the poor  
Lift up those who come knocking  
God's love is the reward

We all must pay attention  
To continue to be loving  
Choosing where to place our thoughts  
The truth we are discovering



## 12. THE MOTHER OF US ALL (continued...)

---

We are all God's children  
Teach us to be one  
With love for all humanity  
Our journey has begun

Step forth with righteousness  
Tempered by humility  
The teachings of the universe  
Are gifts of God for us to see

The songs we sing to declare  
The love She has for you  
Are expressions of divinity  
To illuminate the truth

The Mother is all around  
The Earth, the Air, the Sea  
In the fibers of our being  
The mystery is revealed



### 13. I STAND WITHIN THE LIGHT

---

I stand within the light  
As it washes over me  
Cleansing my impurities  
Giving strength where it needs to be

This gift of love  
I thank you for  
To appreciate  
What life has in store

With faith and hope  
I lift my eyes up  
To see the truth  
That we are one

Unified  
In the divine eternal star  
Shining bright  
In the heart of who we are

This awareness of God  
Will guide us  
To love  
To love

Here we are  
Standing before You  
Presenting our healing  
For us to do



### 13. I STAND WITHIN THE LIGHT (continued...)

---

We raise ourselves up  
We are not afraid  
To do the work  
So the price will be paid

The price of wisdom  
Is the willingness to see  
In the depths of your soul  
Is the face of your enemy

The choice is yours  
Who to follow  
Walk in the light  
Or stay in the shadows

The path is narrow  
That your steps must fall upon  
Keep your mind on God  
To know right from wrong

With in the stillness  
The divine purity  
Welcomes us home to be  
Loved for eternity

The beauty of  
God's eternal love  
The eagle and the dove  
Are inside of me



## 14. ASK FOR THE STRENGTH YOU NEED

---

Ask for the strength you need  
To be true to your highest creed  
To do the work and understand  
Your salvation is God's plan

Forgiveness is the key  
Forgive yourself to be free  
Unleash the strength you hide  
With ears open and eyes wide

To be present with the truth  
That your love of God is guiding you  
To reflect His holy grace  
To the entire human race

See the light within their heart  
Let the veil of darkness begin to part  
Release the pain of hate  
Free your mind and illuminate

God's eternal plan  
Is for every woman and every man  
To know the peace within His heart  
Everyone must do their part

Throw off the chains of sloth  
Prepare yourself to pay the cost  
Rise up and face your fears  
The journey begins here



## 14. ASK FOR THE STRENGTH YOU NEED (continued...)

---

Stay centered in the love  
Meet eye to eye the presence of  
God within us all  
Now's the time Answer the call

Demonstrate the truth you know  
The life you live is the seed you sow  
It's not enough to only speak  
If we are to reach that which we seek

Procrastination has to go  
With discipline the world we show  
What is possible for us to do  
We make the choices to make it true

With love we transform ourselves  
Transcending what we buy or sell  
Letting go of who we were  
So the healing can occur

Loose the bonds that hold you fast  
To the whipping post that is your past  
Redefine the path you choose  
Become the love that is healing you.

Now step into the light  
You belong here it is your right  
Reclaim your divinity  
Remember God created you free



## 15. I LOOK TO THE SUN AND THE MOON

---

I look to the Sun and the Moon  
To teach me where my place is  
To know the truth when I see it  
To feel the power where it is

Remove the blinders from my eyes  
So I can see the way home  
Give me strength to overcome  
My resistance to change

In my heart there is unity  
Of strength, purpose, and love  
With this trinity I focus my intention  
To create what I am to be

I align my actions  
To accomplish the goals that I seek  
The truth of possibility  
Is the one of which I speak

I transcend my limitations  
By acknowledging what I have to do  
The tasks that lie before me  
Are the steps I need to take to see it through

I break through the stagnation  
Because I am yearning to be free  
With discipline I transform  
Myself with all humility



## 15. I LOOK TO THE SUN AND THE MOON (continued...)

---

I do the will of the creator  
The origin of all that is to be  
To love all creation  
And teach this lesson to all humanity

The choices that I make  
Determine who I will be  
With love and understanding  
I choose to set myself free



## 16. THE CALL OF GOD

---

Oh the voice of God rings  
Out through the universe  
calling me to be reborn

I open myself to you  
Fill me with your holy truth  
Set me on the path to righteousness  
Guide my steps toward you  
Through trials of pain and pleasure. To  
Walk in the light of God

Oh the light of God shines  
within me to illuminate  
the places I have to heal

Elevating my consciousness  
I thank You for the ways I'm blessed  
Opening my heart to God  
To shine in the firmament  
To receive the lessons heaven sent  
Guide me home to Love

Oh the love of God fills  
My heart with the strength  
To receive the lessons I have to learn



## 16. THE CALL OF GOD (continued...)

---

Focusing my mind to see  
The path that lies before me  
Step by step I'm learning to climb  
My prayers and devotion  
bring purity to my emotions  
Guiding me home to God



## 17. LOVE IS WHAT YOU ARE

---

Love is what you are  
Is what you are  
Is what you are

See the truth  
God in you

Open your heart  
To reveal  
Who you are

A child of God  
Holy and Divine

Walking on the path  
To heal  
Yourself with love

Heal yourself  
Love yourself

Let God show you the way  
To receive  
The Holy blessing

Receive the light  
Deep in your heart





printed from [nossairmandade.com](http://nossairmandade.com)

April 19, 2026