Songs of Transformation

1. THE POTENTIAL OF ALL HUMANITY

I am inside of God
God is inside of me
I listen to my heart
To set myself free

I look to the stars
In them love abounds
The glory of the Creator
Always astounds

One only needs to hear
Nature’s symphony
Singing the truth
Of all reality

To feel the presence
Of the Lord
To recognize the graciousness
Is the reward

All of the suffering
And rending of the cloth
Is making people face
The meaning of the cross

Now that we see
Let us make a plan
Of healing the sickness
And doing what we can



> When you resonate
> With the divine harmony
> You exude the potential
> Of all humanity



2. THE CHOICE

When it’s time to sleep
Pray the Lord my soul to keep
Let my sleep be healing
Lead me to who I have to be

Guide me with your love
And your strength from above
Oh, let me see clearly
All the things I need to see

To walk the path of love
With the eagle and the dove
Oh, let me feel dearly
Love for all humanity

The love I have to give
And the life I have to live
Open my heart to the knowing
The truth of love will set me free

The more you give the more you get
So give it all, no regrets
Oh, let me stand firm
In the grace of your love

Show me the way
How to kneel and how to pray
Oh, let me know your glory
Unmistakably divine



To realize the truth
What I am is what I choose
Oh let me be humble
And guided by the truth

In you, I find the strength
To face my fears and make amends
Oh, let me forgive
Those who tread upon me

Then answer to my pain
Take responsibility again
Oh, let me face bravely
The teachings of reality

Lessons from pain and pleasure
Are the cost and the treasure
Oh, let me embrace
The nature of this world

The dark is strong. The light is bright.
It’s not as clear as black or white
And God is it all
As we rise and as we fall

Loving is the way
To find harmony today
Let my heart be open
To the lessons I must learn

3. THE BALANCE

As I walk along the road
I look for guidance and behold
There is your loving kindness
Holding me my soul to mold

We have the choice to be free
Look inside and you will see
What you are is beautiful
Let your self be wonderful

Look up and see his grace
The glory that we all must face
Don’t get caught in misery
Don’t dig up the roots to find the leaves

Plant the seed inside your self
You must accept your wealth
If you want to make a change
The truth of love must be faced

The heart of this world needs you
Open to the love that’s breathing
In the focus out the joy
Of the children girl and boy

Life has pain and pleasure too
The balance is inside of you
Let your heart be your guide
God will be right by your side



We must be resplendent
To know we are not independent
We are all connected
The whole world must be protected

It is the most important thing
To this task ourselves we bring
Demonstrating with our love
The wisdom of God above

It is in the choices we make
The power with which we create
The life we have, the breath we take
Choose to love don't hesitate

Release yourself from suffering
Then your strength you can bring
To make the world start listening
And honor what it is your offering

Be the change you want to see
And always seek the mystery
That is how you heal the world
And let the joy in your heart unfurl



4. LOOK INSIDE

Look inside
You will find the strength you need
Inside of everything you see

The broken heart
Is the open door…to the wisdom
That was invisible before

Choose to see
The gifts you receive…from the union
Of strength and humility

Let us rise
Inspired by the love…of God
Release yourself from suffering

Open your heart
To find your way…through the darkness
To see the dawning of a new day

Trust yourself
With the power to change…Let go of
The trappings of who you once were

Abandon the habits
That bring you down
Focus on the light you have found



Be self-defining
With wisdom and joy…Don't forget
Separation is a ploy

The wisdom you seek
You already have…in your heart
Become who you are

Receive the light
The divine harmony…is everything
Look inside

Perceive the essence
Of this kernel of truth…that God's love
Is inside of you

Be a dynamo
Of irrepressible joy…Let God's love
Shine forth from the depths of your soul



5. YOU WHO ARE ALL POWER

You
Who are all power
Grant me wisdom
So my soul may flower

May this fire
Show me the way
Release me
From my suffering

Hold me
In your arms
Glory, Glory
Keep me from harm

Show me
Show me beauty
The beauty
Of the power

The power
To release me
Is inside me
Here I go

Aho I see you
In this fire
In the fire
Of my soul



5. YOU WHO ARE ALL POWER (continued...)

> Let go
> Of all attachments
> I release thee
> Heal thyself



6. HEART SONG

Speak into my open ears
I listen to the truth I fear
When I am weak or when I'm strong
Your wisdom guides me along

I present myself to all here
With my faults in my hands for me to heal
With all I love and all I trust
I shine with God or turn to dust

Though the pain is great to look upon
The weaknesses that I took on
I must look steadfast and strong
So I do the right and not the wrong

It must be clear for all to see
The choices made reside in me
Be they wise or foolish I will find
Keeping your guidance on my mind

This path of love and transformation
Is the source of my inspiration
It opens my heart and clears my vision
Erases my doubt and indecision

My heart's eye makes the teaching plain
And I learn the lesson once again
That I am one with all I see
In the heart of God's mystery



I am self aware and focused on
The goals I've set and the ones beyond
I align my self with the eternal truth
The heart of me is the heart of you

There's no escape from God's great plan
Do what you must, do what you can
The way is clear to walk upon
Let loose your love for everyone



7. IT IS HERE THAT I SEE YOU

It is here that I see you
Deep in my heart
With the eyes to recognize you my Lord
Even in my darkest part

God that I love
The One and the All
I seek the wisdom to abide you
In what I do and what I've done

May my eyes behold your glory
And not miss the painful truths
May your love purify me
Preserving the innocence of youth

May my actions glorify you
With my feet on every rung
I climb the ladder of truth with love
Dedicated to everyone



8. FOCUS ON THE LIGHT

Focus on the light
That guides you from within
Determining where you're going
And showing where you've been

The path lies out before you
Calling you to become
The radiant being you are
To share with everyone

Fill me with the guiding holy sight
Bless my soul and keep me through the night
Transform the darkness into light
May God's love ease the suffering tonight

Uncover my beauty
And release my strength
Fill my soul with light
From which my heart can extend

To glorify your kindness
With all that I do
I pray for guidance to see the truth
In me and in you

Present our gifts of love and sacrifice
The choices that we make all have their price
Choose the path to walk so we may rise
With eyes that see the truth and recognize



8. FOCUS ON THE LIGHT (continued...)

God oh mighty origin
From whence we all came
The whole universe
Is one and the same

Release yourself from suffering
Don't worry about the past
Acknowledge the moment flowing
Because the moment never lasts

Perceive the holy light throughout this world
Pray for the Prince of peace to be heard
And heal the cruelty that has occurred
To Shepard us toward our rebirth

Make your enemies your brothers
Let go of the fear
Disarm hatred's power
And dry up your tears

Now open up your eyes
It's time to realize
There's no use for the disguise
Let the truth make you wise

From the darkness step into the light
Now is the time to do what's right
Love your enemies with all your might
That is how you honor the Christ



9. EXPOSE ME TO MY DEEPEST TRUTH

Bring yourself to the place you wish to be
So you can take part in reality
Build a foundation of truth in your heart
Let your inner eye show you where to start

Expose me to my deepest truth
Explore the intricacies of you
Look deep inside to find the proof
That God is it all the me and the you

Point me on the path to righteousness
Let me recognize the ways I am blessed
Being in the hands of God
Is to accept the praise and the prod

I know I am the one to see it through
The transformations that make it true
I won't be afraid to face myself
I am the only one who can accept my wealth

Open my heart to the guiding light
Open my mind to what I know is right
The beauty and the power rest in my hands
The choices in my life determine where I stand

Choose to follow the path of Love
With divine guidance from above
Don't settle for anything less than excellence
Identify your faults and repent



9. EXPOSE ME TO MY DEEPEST TRUTH (continued...)

> Open my being to my inner strength
> So I can be clear with my intent
> Inhabit the beauty deep in my heart
> Let my love shine forth an honor to the stars



10. IN THE HOURS OF YOUR TRANSFORMATION

(Offered to Marcio and Dana)

In the hours of your transformations
When you enter into your meditations
Every path to heaven has its stations
To know true love is to know its conflagrations

This path through the depths of sorrow
Creates the clarity of tomorrow
To make the changes needed to be holy
To heal the wounds that love has shown me

Being present in the face of grief
Is the first step toward your release
Hold on to the truth that brings relief
That God's love will bring you peace

Seek the truth, be strong, and trust yourself
Don't be tempted by the comfort of your shell
Sometimes to get to Heaven you go through Hell
But the lessons that you learn will serve you well

Don't let fear rule the land of love
Trust the wisdom from above
Believe the truth that you can heal yourself
The story is yours to tell

Know you are a child of God
Love the Lord and know you're not forgotten
Walk the path with righteous elevation
To find your way home to salvation



11. WHEN I WAKE UP IN THE MORNING

When I wake up in the morning
And you're lying next to me
I thank the Lord
For allowing me to see
Your beauty and perfection
And what you mean to me
You are my soul's reflection;
Your love sets me free

You call me to my heights
And you bring me to my knees
Because you've seen the darkest part of me
Yet you offer me reprieve
And the love you give
Makes it easy to perceive
Your strength and wisdom
Are guiding me

You bless me with your tenderness;
Your caress holds me dear
I listen to the truth
That you whisper in my ear
With you by my side
I can face the things I fear
My love for you
Makes it all so clear



11. WHEN I WAKE UP IN THE MORNING (continued...)

From judgment to redemption
Your guidance brings me here
To face the music
That is ringing in my ears
Singing the truth
For all the world to hear
You make my life complete
With laughter and tears

With courage and clarity
I extend my hand to you
Taking your hand in mine
I keep my compass true
Through pounding rain and foggy night
Your light will see me through
To wake up every morning
My love for you renewed



12. THE MOTHER OF US ALL

The mother of us all is here
To sing her song to you
To instruct us in the ways
Of being firm and being true

Prepare yourself with intention
To be open to the teaching
To listen very well
You must refrain from speaking

Face the light that invigorates
Every fiber of your being
It will show you how to lift your heart
And augment what you're seeing

Love the Lord God
To begin the healing
The glory and the graciousness
Is the love that you are feeling

Now with consideration
For the weak and the poor
Lift up those who come knocking
God's love is the reward

We all must pay attention
To continue to be loving
Choosing where to place our thoughts
The truth we are discovering



12. THE MOTHER OF US ALL (continued...)

We are all God's children
Teach us to be one
With love for all humanity
Our journey has begun

Step forth with righteousness
Tempered by humility
The teachings of the universe
Are gifts of God for us to see

The songs we sing to declare
The love She has for you
Are expressions of divinity
To illuminate the truth

The Mother is all around
The Earth, the Air, the Sea
In the fibers of our being
The mystery is revealed



13. I STAND WITHIN THE LIGHT

I stand within the light
As it washes over me
Cleansing my impurities
Giving strength where it needs to be

This gift of love
I thank you for
To appreciate
What life has in store

With faith and hope
I lift my eyes up
To see the truth
That we are one

Unified
In the divine eternal star
Shining bright
In the heart of who we are

This awareness of God
Will guide us
To love
To love

Here we are
Standing before You
Presenting our healing
For us to do



13. I STAND WITHIN THE LIGHT (continued...)

We raise ourselves up
We are not afraid
To do the work
So the price will be paid

The price of wisdom
Is the willingness to see
In the depths of your soul
Is the face of your enemy

The choice is yours
Who to follow
Walk in the light
Or stay in the shadows

The path is narrow
That your steps must fall upon
Keep your mind on God
To know right from wrong

With in the stillness
The divine purity
Welcomes us home to be
Loved for eternity

The beauty of
God’s eternal love
The eagle and the dove
Are inside of me

☼☾✡

14. ASK FOR THE STRENGTH YOU NEED

Ask for the strength you need
To be true to your highest creed
To do the work and understand
Your salvation is God's plan

Forgiveness is the key
Forgive yourself to be free
Unleash the strength you hide
With ears open and eyes wide

To be present with the truth
That your love of God is guiding you
To reflect His holy grace
To the entire human race

See the light within their heart
Let the veil of darkness begin to part
Release the pain of hate
Free your mind and illuminate

God's eternal plan
Is for every woman and every man
To know the peace within His heart
Everyone must do their part

Throw off the chains of sloth
Prepare yourself to pay the cost
Rise up and face your fears
The journey begins here



14. ASK FOR THE STRENGTH YOU NEED (continued...)

Stay centered in the love
Meet eye to eye the presence of
God within us all
Now's the time Answer the call

Demonstrate the truth you know
The life you live is the seed you sow
It's not enough to only speak
If we are to reach that which we seek

Procrastination has to go
With discipline the world we show
What is possible for us to do
We make the choices to make it true

With love we transform ourselves
Transcending what we buy or sell
Letting go of who we were
So the healing can occur

Loose the bonds that hold you fast
To the whipping post that is your past
Redefine the path you choose
Become the love that is healing you.

Now step into the light
You belong here it is your right
Reclaim your divinity
Remember God created you free

15. I LOOK TO THE SUN AND THE MOON

I look to the Sun and the Moon
To teach me where my place is
To know the truth when I see it
To feel the power where it is

Remove the blinders from my eyes
So I can see the way home
Give me strength to overcome
My resistance to change

In my heart there is unity
Of strength, purpose, and love
With this trinity I focus my intention
To create what I am to be

I align my actions
To accomplish the goals that I seek
The truth of possibility
Is the one of which I speak

I transcend my limitations
By acknowledging what I have to do
The tasks that lie before me
Are the steps I need to take to see it through

I break through the stagnation
Because I am yearning to be free
With discipline I transform
Myself with all humility



15. I LOOK TO THE SUN AND THE MOON (continued...)

I do the will of the creator
The origin of all that is to be
To love all creation
And teach this lesson to all humanity

The choices that I make
Determine who I will be
With love and understanding
I choose to set myself free



16. THE CALL OF GOD

Oh the voice of God rings
Out through the universe
calling me to be reborn

I open myself to you
Fill me with your holy truth
Set me on the path to righteousness
Guide my steps toward you
Through trials of pain and pleasure. To
Walk in the light of God

Oh the light of God shines
within me to illuminate
the places I have to heal

Elevating my consciousness
I thank You for the ways I’m blessed
Opening my heart to God
To shine in the firmament
To receive the lessons heaven sent
Guide me home to Love

Oh the love of God fills
My heart with the strength
To receive the lessons I have to learn



Focusing my mind to see
The path that lies before me
Step by step I’m learning to climb
My prayers and devotion
bring purity to my emotions
Guiding me home to God



17. LOVE IS WHAT YOU ARE

Love is what you are
Is what you are
Is what you are

See the truth
God in you

Open your heart
To reveal
Who you are

A child of God
Holy and Divine

Walking on the path
To heal
Yourself with love

Heal yourself
Love yourself

Let God show you the way
To receive
The Holy blessing

Receive the light
Deep in your heart





printed from nossairmandade.com

November 11, 2026